

CHAIR FOR PUBLIC HEALTH AND HEALTH SERVICES RESEARCH





Understanding the Determinants of Migrants' Health through Research Planning

Dear Students,

We are thrilled to introduce our upcoming course, "Understanding the Determinants of Migrants' Health through Research Planning," an Erasmus Blended Intensive Program (BIP) designed as a module for Bachelor and Master students.

BIPs combine physical and virtual learning periods. Within the Erasmus+ program you can participate in blended short-term mobilities. This is a good option for students who have fewer opportunities to participate in long-term mobilities.

Organizers: This course is a collaborative effort between LMU Munich, Lund University (LU), and the University of Porto (UP), supported by EUGLOH.

Aims: Our primary aim is to equip future researchers as well as health and social care professionals with the necessary knowledge, skills, and ethical awareness to advocate for migrants' right to health, as well as to plan research and interventions on migrants' mental and physical health. Throughout the program, we aim to achieve three key objectives:

- Improve your understanding of migration by encouraging critical thinking about migration-related concepts, identifying instances of discrimination, and examining health determinants during migration.
- Develop your research skills, empowering you to critically evaluate migration health literature and develop research project proposals.
- Build competence in designing health promotion and prevention programs tailored to diverse migrant populations.









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Participants: We welcome approximately 50 students at Bachelor or Master level. Selection will be based on motivation letters and demonstrated basic research knowledge.

Instructors: Led by core instructors Prof. Dr. Zeliha Öcek, Dr. Michaela Coenen, Dr. Pia Svensson, Prof. Dr. Alexandra Oliveira, and Dr. Jorge Gato, the course will also feature contributions from external lecturers and mentors from various institutions.

Educational Approach: Our course adopts a research-based learning approach, focusing on project proposal development. You'll engage in individual mentor consultations, guided critical appraisal, peer interaction, collaborative learning, scenario-based education, field-based and reflective learning. You will also contribute to the course's development, implementation, and evaluation.

Timing and Environment: Commencing in October 2024 and concluding in February 2025, our 15-week Erasmus BIP includes an 11-week pre-mobility phase, a 5-day mobility phase in the last week of January 2025, and a 3-week post-mobility phase. On-line activities will be conducted via the learning platform Moodle, while the mobility phase will take place in Munich.

Credits: Completing the course will earn you 5 ECTS credits, equivalent to 150 lecture-hours (45 minutes). Please be aware that the number of credits and total hours required may differ slightly between universities. For example, the University of Porto will have 148.5 study hours and 5.5 ECTS.

Assessment: Assessment will be based on graded assignments by mentors and peers, including critical appraisal exercises.

Reasons to consider applying:

- Dynamic and engaging learning environment
- Planning your own research with a mentor supervision
- Constructive feedback from trainers and peers
- International engagement and interaction with migrants
- Erasmus+ short-term mobility opportunity

Applications are due on July 19, 2024, at 18:00. To apply, please send your CV and a motivation letter explaining why you want to participate in this program to migrant.health@ibe.med.uni-muenchen.de.

Before applying, please ensure that the course is recognized as part of your studies and **contact the Erasmus Office at your university** to enquire whether they are able to offer you an Erasmus+ short term Mobility Grant for your participation in the program.

We look forward to collectively advancing our understanding of migrants' health and well-being.





